

Michael Hempseed, “Failure is Not Final, Mental Health and Suicide Prevention” – Group Discussion Questions

In groups of 3 or 4, discuss these questions and pray for each other –

- 1. What can we do as a Church community to support the families of people who are struggling with mental illness?**
- 2. What can we do to help older people who have just lost a long term partner? How can we ensure this care is ongoing and not just a one off?**
- 3. Who in our social circle may need our support or be struggling? How can we get alongside these people?**

*Helpline: Need to Talk? Call or text 1737
(Available 24/7)*

