

**WARM UP** | A study was done of Harvard MBA graduates who were followed for a

decade and it was discovered that 3% of them succeeded far above all the other 97%. Guess what was different about that 3%? They all had written down their goals before they graduated!



**READ** | Proverbs 13:12

### BACKGROUND |

Too often we sit back waiting for things to happen, afraid to get back the reigns of our lives.

David Riddell says, "To restore a strong sense of hope, power and progress to our lives you must first get back the reigns. A goal is what turns a vague sense of purpose or destiny into specific achievements".

Progress is a fundamental emotional need and the lack of it can make us heart-sick.

Let's not confuse faith with fatalism, and understand that being led by the Spirit and setting goals are not mutually exclusive.

God's will is not a tightrope but a playground. Stop drifting through life - start rowing.

### QUESTIONS |

- 1 Write your own epitaph. How do you want to be remembered?
- 2 What areas in your life need progress?

### LEFT CONSOLE

3 What's stopping you?

3 Where do you need to start to take back the reigns of your life? Suggestion: Write one goal each for the spiritual, physical, relational and financial areas of your life.

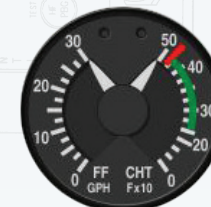
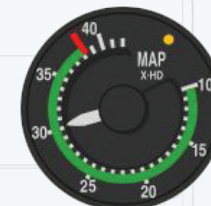
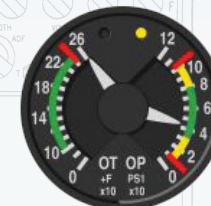
### MY RESPONSE AS A PROMISE KEEPER |

What do I need to apply from what I have learned from this study?

### IT'S TIME FOR PRAYER |

### CONSIDER THIS |

*Paul Harvey said, "A blind man is bound by the limits of his touch, an ignorant man is bound by the limits of his knowledge, a great man is bound only by the limits of his vision!"*



### WRAP UP |

Ask God to reveal what attitude is keeping you from setting or reaching your goals.