

THE INSIDE RUNNING

Who are you when no-one is watching?

Most of us as men understand the challenges of having a private life that is consistent with our public life. Our integrity goes to the core of our identity and who we really are. It involves making purposeful decisions to do the right thing simply because it is the right thing to do. Letting your "yes" be "yes" and your "no" be "no" often comes at a cost.

A friend is the part owner of a nationwide company with hundreds of staff. He told me that he is well known by staff for paying for everything he uses from the company, whether it is products or resources, such as the company trucks. I was surprised at how high his personal standards were, paying for these things out of his own tax-paid income, but it is certainly inspiring.

Each of us will be known by how we live and how we treat others. This is the way it should be. After all, we are ambassadors of the King!



John
John Subritzky

Integrity in Your Workplace

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by Tom O'Neil

What does the word integrity mean to you? Why is integrity so vital in the workplace?

Integrity at Work

Robert Lewis, in his DVD series *Winning at Work & Home*, talks about the value of integrity and its importance in building a successful and fulfilling career. It's not enough to say "I value integrity", you must live and show it consistently in every decision you make and every word you say.

The Apostle Paul writes in Titus 2:7-8 *"In everything set them an example by doing what is good. In your teaching show integrity, seriousness and soundness of speech that cannot be condemned, so that those who oppose you may be ashamed because they have nothing bad to say about us."* (NIV)

Matthew writes in his Gospel that we are to let our Christian witness *"shine before others, that they may see your good deeds and glorify your Father in heaven."* (Matt 5:16)

Therefore demonstrating integrity in your workplace is a real key to reaching people for Christ in your community.

Superglue: My Word is My Bond

Having integrity in your workplace means demonstrating a genuine and unwavering commitment to honouring your word. As

Matthew writes, let your 'yes' be a 'yes' and your 'no' a 'no' (Matt 5:37). Become a person

who is respected in your company because people know that your word is your bond. You are the 'superglue' guy who everyone knows can be trusted!

How can you develop and maintain integrity in the workplace?

1 Do not steal your employer's time

If your work hours are between 9:00am - 5:00pm do not show up at 9:15am and then clock off early at 4:45pm. Over one year that equates to 120 hours, which in another way of looking at it, is **three weeks!** This is almost the same amount of time as your annual holiday allowance of four weeks.

2 Never be negative about your employer

Nothing shoots down your integrity faster than badmouthing your boss. However be very careful outside of the workspace as well! Be mindful of what you say about your employer in public places like cafes, rugby games or at your children's school. People know people, and it won't take much for your words to get back to those at your company. Disloyal employees are not trusted and are not wanted. If you really have to let off some steam, choose a safe environment with someone you can trust, like a family member or your pastor.

3 Maintain confidentiality

No matter what you do for a job, your employer expects you to be tight-lipped about your work. Once you have signed your employment contract, you have **>**



The Code of the West

- Live each day with courage
- Take pride in your work
- Always finish what you start
- Do what has to be done
- Be tough, but fair
- When you make a promise, keep it
- Ride for the brand
- Talk less and say more
- Remember that some things aren't for sale
- Know where to draw the line

agreed to the company's policies and procedures that are related to both privacy and confidentiality. Breaking these rules will result in disciplinary action, and may even lead to dismissal.

Lead by Example

You can quickly display integrity in the workplace through leading by example. When you lead by example, you set the foundation for appropriate workplace behaviour. This also shows you as a person who can be trusted and someone who an employer will seek out for more responsibility. Employees who maintain their integrity and who give their employer their best are more likely to gain their employer's respect, get larger bonuses and be promoted to higher positions.

Summary

As Christians, we are continually in the public eye. We stand for truth and love in a world that stands for nothing and has no hope. Remember when you demonstrate integrity at your place of work, you are showing others a small sliver of what Christ is like, drawing those who are spiritually hungry into new discussions, and ultimately into a new reality.

Self-Assessment Questions

- Are you respected for having a high level of integrity at your place of work?
- What would your employer or employees say about you and your honesty?
- What are the key areas you struggle with in regards to integrity at work?
- What tools and processes can you put into place this week to ensure you start making progress in these areas?
- Who are some people you know who are positive examples of integrity in your life?
- How can you start to model some of their positive actions?

What's on the DVD



FEATURED SPEAKER: Iliafi Esera - **Living with Integrity.** Iliafi gives a clear, strong message about integrity and what that looks like in daily life. He shares honestly about the times that he has had to make the hard decisions to keep his word. Iliafi encourages us all to make integrity a core characteristic of our lives. 27 min

DRAMA: **Follow God** - Not cheating on the scorecard can be just as challenging as being honest in any other situation but here is one golfer who says it's worth it! 4 min

BONUS FEATURES:

- **My Story** - Ian Foster An amazing clip from Ian when he was coaching the Chiefs and they were second from the bottom of the table. A "must see" clip. 4 min 30
- **PK Music - Amazing Grace** 3 min 40
- **David Murrow - Three Journeys** How men progress up the mountain as they grow spiritually and the three steps involved in that journey. 11 min
- **Ministry with Men Webinar Promo** 3 min
- **The Call 2013 Event Promo** 1 min 20
- **How to Access Extra Resources** 4 min 30

HUMOUR CLIPS: Drama in the square; car door; customised fridge; iChop 5 min

BETTER WORK STORIES: Fire Engine in Flood - A fire crew keep calm and carry on when faced with a flooded road. We like the way the officer drains the cab by opening the door. 3 min 20

DVD ROM: Access these using Windows Explorer (PC) or Command F (Mac)

ARTICLES: Including Gary Smalley - The Secret to

Protecting Your Marriage from an Affair; David Delk - Archtypes of Men; Francis Frangipane - A Life Prepared for God, When Average Men Follow Christ; Kevin Forlong - It is Well with My Soul; Derek Prince - Enduring Under Trials; Nikki Bray - Packaging Our Words; Ian Buckley - Taking Responsibility for Your Work, Do It Now!

RESOURCES: Including Bill Subritzky booklets - Spiritual Growth, How to Know the Anointing of God • Men's Stories WLG • The Call 2013 Advance Brochure • Ministry with Men Webinar Brochure • Break Free 2012 Photos AKL • Weekly Studies • Study Questions - Iliafi Esera • Bible Reading Plans

MP3s: Including Steve Sonderman - Character Counts 50 min • Derek Prince - Pride vs Humility 44 min • **PKUSA Classic:**

Howard Hendricks - Power of a Promise Kept 45 min • **PKNZ Classics:** Tak Bhana - Pace Notes 30 min; Aaron Ironside - Our Greatest Ally 30 min; Mike Connell - Forged for the Future 34 min



PROMISE #3

A Promise Keeper is committed to practicing spiritual, moral, ethical and sexual purity.

Next Issue: **COURAGEOUS MANHOOD**

THE CALL

Men's Events 2013 - book early!

0800 PROMISE (77 66 47)

Christchurch 23-24 August

Wellington 13-14 September

Auckland 4-5 October



The Call QR Code



MINISTRY WITH MEN WEBINARS

PROMISE KEEPERS

Promise Keepers has created a powerful interactive course to equip you with the knowledge and skills you need to successfully promote and run a power-filled, dynamic Men's Ministry.

More details and "How to Build Your Ministry with Men" intro video on the website.

Cost is \$99 per church. **New series starts 12 March 2013 - Register today.**