



THE INSIDE RUNNING

Integrity is doing the right thing when no-one is looking. When we look at our reflection in the mirror we see more than just our outside image. If we are honest we also see the flaws and character issues on the inside. That is what makes integrity such a challenging concept.

Integrity calls us to a very high standard. We all have some level of integrity but as Christian men we know our standard should be to reflect Jesus well to others.

It's not just us on this journey. We need to encourage and protect others, not damage them. People are looking for qualities of being trustworthy, consistent and reliable. We are not perfect but that should not stop us consciously working to be honest – let our yes be yes. It's good to think through our responses, words and actions before we need to make a quick decision. Then the right response comes out of who we are.

I have great respect for the account manager of the company that printed this newsletter. He never overpromises. He consistently meets or beats the delivery date promised. Because we can trust his promises, it takes stress away from our work.

Let's be men of integrity.

With gratitude



John Subritzky

Integrity and Character

October 2014

by Ivan Bezzant

Many men are struggling today. There is conflict in their lives, and it's about integrity! When you look in the mirror with honesty, what do you see?

Whoever walks in integrity walks securely, but whoever takes crooked paths will be found out. Proverbs 10:9

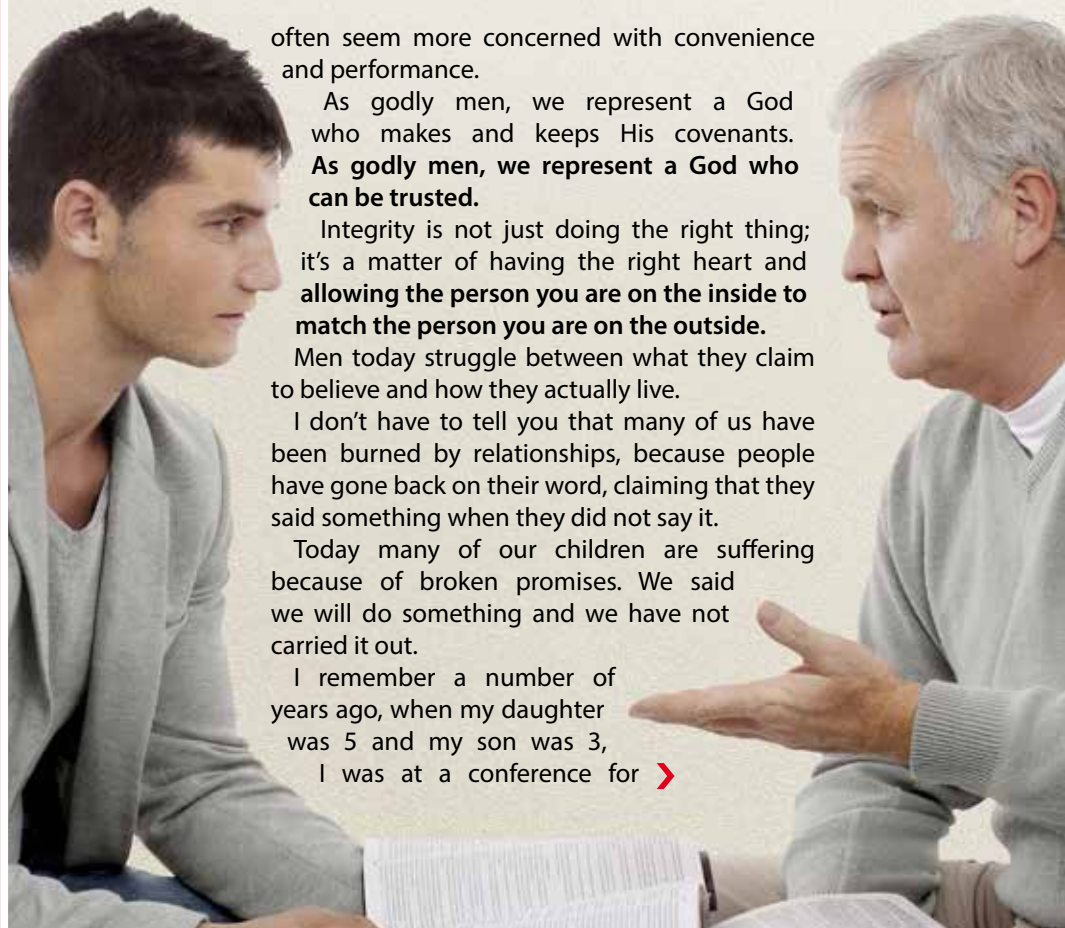
The godly walk with integrity; blessed are their children who follow them. Proverbs 20:7

Leadership experts agree that character, or integrity, is foundational to business and leadership success. What people most value and admire in their leaders is honesty. **Honesty in leaders is more important than vision, competence, accomplishments and the ability to inspire others.**

People choose to follow people they trust. The foundation is honesty. Integrity is credibility. **The ultimate test of a leader's credibility is whether they do what they say.**

People today don't expect their leaders to be perfect, but they do expect them to be honest. **The key to integrity is honesty.** People today want to know you can be trusted. They want to know you will keep your promises and follow through on commitments. Promises and commitments are significant.

We live a world today where promises and commitments have become optional. We



often seem more concerned with convenience and performance.

As godly men, we represent a God who makes and keeps His covenants. **As godly men, we represent a God who can be trusted.**

Integrity is not just doing the right thing; it's a matter of having the right heart and **allowing the person you are on the inside to match the person you are on the outside.**

Men today struggle between what they claim to believe and how they actually live.

I don't have to tell you that many of us have been burned by relationships, because people have gone back on their word, claiming that they said something when they did not say it.

Today many of our children are suffering because of broken promises. We said we will do something and we have not carried it out.

I remember a number of years ago, when my daughter was 5 and my son was 3,

I was at a conference for >

Was there ever a time when Dad promised you something and he didn't follow it through?



men to make us better fathers. During this conference one of the speakers spoke about the fact that a broken promise can lead to a root of bitterness in the life of your children. One of the exercises he got us to do was to talk to our children and ask them, "Was there ever a time when Dad promised you something and he didn't follow it through?" I thought, this is going to be easy! Five year old, 3 year old, I'm safe! So I got them together and I said, "Hey, was there ever a time when Daddy promised you something and he didn't do it?" The five year old daughter said, "Yes! Daddy, there was a time you promised to take us fishing and you never did." As soon as she said it, I knew the moment. It was true, I had said we would do this on such and such a date, but the reality was, something happened. Within a couple of days I fulfilled the promise and we went fishing, but something was planted at that moment of a broken promise.

Hope deferred makes the heart sick. Proverbs 13:12

A lot of the pain we experience is directly related to the unreliability of people.

Today, men, we need to be men of integrity. Integrity means being **consistent in one's behaviour under every circumstance**, including those unguarded moments.

In the book of Psalms, David writes,

Declare me innocent, O Lord, for I have acted with integrity; I have trusted in the Lord without wavering. Put me on trial, Lord, and cross-examine me. Test my motives and my heart. Psalm 26:1-2

So what do I do?

Steps to maintain integrity...

- Identify 1-2 men who will hold me accountable
- My wife and children to hold me accountable
- Ask: How am I going as a husband, father, grandfather?
- Is there anything I'm flirting with which could destroy the destiny or call on my life? E.g. in the area of sex.
- How much of the life of Christ is seen in me - the fruit of the Spirit, living in obedience and dependence on the Holy Spirit?
- Is there anything in the darkness which needs to come into the light?

PROMISE #5

A Promise Keeper is committed to supporting the mission of his church by honouring and praying for his pastor and by actively giving his time and resources.

Next Issue: **LOVE**

What's on the DVD



FEATURED SPEAKER: Craig Vernall – Integrity Pastor of Bethlehem Baptist in Tauranga and leader of the Baptist movement, Craig is enthusiastic about seeing people built up in Christ to be Jesus to their community. 21 min

PANEL: Integrity 11 min 50

DRAMA: Integrity A powerful example of integrity in the workplace. 5 min 30

BONUS FEATURES:

• PK Music – Jesus, All for Jesus 4 min 30

• Michael Jones - Perseverance Michael was legendary as the All Black who would not play on Sundays. This is his story, filmed at Tama Tane Malosi Samoan Event. 11 min

• The Demise of Guys - Philip Zimbardo TED Talk A graphic overview of factors that impact young men, reducing their capacity to succeed in life and in relationships. 4 min

• Porn on the Brain The physical effects of porn on brain activity measured by scans. 4 min 30

• Conquer DVD Series Promo 3 min

HUMOUR CLIPS: Watch this first! The team thinks these are great! Ram cam; Automatic vacuum gone bad; Building demolition shock; Barrel launch; Mission Impossible squirrel 7 min

BETTER WORK STORIES: Ship Mayhem - what could possibly go wrong? 3 min 10

DVD EXTRA RESOURCES:

Access these using Windows Explorer (PC) or Command F (Mac)

ARTICLES: Including Kenny Luck *Sexual Atheism*; Francis Frangipane *Love Me Where You're At, Unoffendable*; Kevin Forlong *Releasing the Impossible: Food for Thought, Priorities*; Nikki Bray *Affirming Your Husband*; Joseph John Boot *Truth Actually Does Matter*; Gareth Brandt *Men Need to Talk*; Derek Prince *God's Abundance: Tapping the Source Pt 1*; Luke Gilkerson *5 Reasons Why Accountability Fails*; Donny Pauling *Porn is an Affair*

RESOURCES: Including booklet *5 Things Every Kid Must Get from Dad* - Carey Casey; Event Photos *Pure Power 2014* CHC; Men's Life Stories 2014 CHC; Craig Vernall *Integrity - Study Questions & PowerPoint*; Tom O'Neil *Stance Blogs Aug & Sep* and more...

MP3s: Including Derek Prince *Does Your Tongue Need Healing?* 107 min; Dr Dan Green *Dealing with Anger* 47 min **PK Canada Classic:** Vince D'Acchioli *Be a Legend* 40 min **PKNZ Classic:** Benny Tan *Ultimate Authority* 28 min

PASTOR APPRECIATION MONTH
OCTOBER

80% of pastors feel discouraged

94% of pastors' families feel the pressure of the ministry

78% of pastors have no close friends

Your pastor could use some encouragement!