



THE INSIDE RUNNING

Be Strong & Courageous

by Mike Connell

When I read about many heroes in the Bible, I see some pretty gutsy men. Guys who went face to face with their enemies and killed them. It was up close and personal. I read about men who really stepped out in faith into the unknown. "Be strong and courageous" echoes through the Bible, calling us as men to step up, cast off doubt and fear and activate the spiritual gifts God has given each of us.

Adam White says the two questions we need to answer are 'what are we to do?' and 'what are we to be?' What is preventing you seeing God's promises fulfilled in your life?

I was interested to see the list that Mike Connell identified of things that can hold men back. These include: family and generational issues, guilt, shame, sexual sin, grief, bitterness and fear. I know I often have doubts about my capacity to do what I am called to do.

That's why words of encouragement and affirmation can be so important to me and to most men.

So as Mike Connell says, pull up the tent pegs from the things that are holding us down and move forward in God's power!

With gratitude



John
John Subritzky

"After the death of Moses the servant of the Lord, it came to pass the Lord spoke to Joshua the son of Nun, Moses' assistant, saying, 'Moses My servant is dead.'" Joshua 1:1

God speaks to Joshua. They've just had a 30 day funeral service, everyone's been mourning because Moses has died. Then God says, "Moses my servant is dead." Isn't that stating the obvious! Why would God say such a thing when everyone knows that Moses is dead?

It's very simple. God wants you to face your past, and move on. For 40 years they've lived with Moses. They had their whole life built around him, and God's saying, he's dead - move on. What is it you've been depending on that you need to let go of?

"Now arise, go... into the land which the Lord is giving them." Joshua 1:2

God says, "arise and go". It's time to break camp. The hardest thing in breaking camp is to pull up the pegs. When you put a tent down you hammer pegs into the ground and you get attached there, but in order to move forward we've got to pull up the things that we're attached to.

God has got a promised land and it is unique to you! Your response is to arise and possess it. We have to make decisions to align with God's vision, promises and plan for our life and then let go of whatever stops us moving into that.

One of the great challenges that we face as men is to break out of passivity and become

passionate about taking hold of things that God wants us to have for our life.

"No man shall be able to stand before you. As I was with Moses so will I be with you. I will not leave you nor forsake you." Joshua 1:5

We face a spiritual conflict against unseen spiritual powers. They are real. Jesus confronted evil spirits constantly. It was a part of His ministry: preach the kingdom; heal the sick; cast out evil spirits. There are spirit beings whose sole purpose is to destroy your potential and stop you entering into the things God has. They

cannot stand before you. Jesus said, "I give you authority over those things". You have to confront the things that would oppose you and hold you back.

God says, "I will not leave you". His Spirit is in you. You're a winner already. You've got what it takes. You've just got to activate it.

"The steps of a good man are ordered by the Lord. Though we fall we will not be utterly cast down." Psalm 37:24

One of the great challenges that we face as men is to break out of passivity and become passionate about taking hold of things that God wants us to have for our life.

He says, "I'm with you, your enemies can't stand before you, and I'll pick you up if you fall over." That's a victory speech! The only way you can ever get beaten is if you won't get up again! No matter how much you get knocked around, God says, "I can just pick you back up again. I haven't changed. I've still got a plan for your life." ➤



What's on the DVD

> "Be strong and courageous! Don't be afraid nor dismayed, for the Lord your God is with you." Joshua 1:9

You have to identify the challenges and then face them. Five times he tells them, "Be strong, and courageous!" Whatever you're facing, don't be overwhelmed and afraid. Fear will shut down your spirit. You have to draw from your spirit if you're going to win the battle. Cast aside every baggage and the sin that easily besets us. You know what it is that holds you back.

Common issues that can hold men back...

- **Family/generational issues:** Jesus came to break those family ties.
- **Guilt:** Jesus came to forgive us.
- **Shame:** Face the thing - pull it out in the light and watch it wither!
- **Sexual sin:** You've got your pegs so deep in the ground, you're not going anywhere. Deal with that today!
- **Grief:** Keeps you attached to the past.
- **Bitterness:** Did someone hurt you? If you've never forgiven them say, "God, help me!" Unforgiveness will leave you chained to the past, tormented in the present and robbed in your future.
- **Fear:** Some of us have lived with such performance-orientation in the background that the fear of doing anything can be a gripping thing.

What is the key hindrance in your life stopping you arising and going forward with God, or possessing promises? Give it a name, call it out into the light and you're already halfway to dealing with it.

This is the time to let the baggage go. It's time to pull up the tent-pegs.

Excerpt from Mike Connell's message "Stealing Your Nerve", at Break Free 2012 Auckland. For full transcript see June 2014 DVD.



FEATURED SPEAKER:

Adam White - Stealing Your Nerve

What is a man to do and what is a man to be? Adam looks at what can hold us back from seeing God's promises fulfilled in our life. 38 min

DRAMA: Rules of Engagement 3 min 30

BONUS FEATURES:

• **My Story - Adam White:** An intriguing and humorous story of Adam's life that is well worth watching! 12 min 20

• **PK Music:** Crown Him Medley 2 min 50

• **Pure Power 2014 Event Promo - Water** 2 min 20

• **The Power of a Group:** Meeting regularly with other men can be a catalyst for transformation and building authentic friendships. Paul Subritzky explains the principles behind this and also what he has experienced in over 20 years of Men's Groups. 4 min

• **Bill's Story - XXX Church:** Porn boulevard eventually led Bill to 5 years in prison. Real life interview outside the prison gates. 1 min 50

• **How to Access Extra Resources** 4 min 30

HUMOUR CLIPS: Origin of work interviews; Amish IT; Redneck window winder; Mirror prank 8 min 20

BETTER WORK STORIES: Pro Surfer. It's great work if you can get it! Adrien Toyon shows some awesome style in East Indonesia. 3 min 50

DVD EXTRA RESOURCES:

Access these using Windows Explorer (PC) or Command F (Mac)

ARTICLES: Including J Lee Grady - *Six Mentors Who Can Help You Grow Spiritually*; David A Macfarlane - *Brave Men Wear Helmets*; Francis Frangipane - *One Man, Loving the Truth*; Kevin Forlong - *Develop Financial Diligence, Learning How to Fail*; Nikki Bray - *Stay Strong in Tough Times, Being Kind*; Derek Prince - *God's Abundance: Meeting the Conditions*; Mike Connell - *Stealing Your Nerve*

RESOURCES: Including Weekly Studies for Men's Groups with Facilitator Guidelines; Men's PK Stories *The Call* 2013 WLG; *Pure Power* 2014 Event Brochure; *Pure Power* 2014 Group Leaders' Resources; Adam White *Stealing Your Nerve Study Questions & 2 PowerPoints*; Tom O'Neil - *Stance Blogs Apr & May*; Bible Reading Plans and more...

MP3s: Including **PKNZ Classics:** Aaron Ironside - *Forged for the Future* 31 min; Nick Tuitasi - *Dangerous Curves* 24 min; **PK Canada:** Pete Wilson - *Everyday Courage* 37 min; **PK Canada Classic:** Bill Farrel - *Workmen, Watchmen & Warriors* 43 min; Derek Prince - *Rejection - Cause & Cure* 53 min; Steve Miller - *Addictions* 48 min

Go deeper, get more!

“Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.”

Joshua 1:9 (NIV)

PROMISE #2

A Promise Keeper is committed to pursuing vital relationships with a few other men, understanding that he needs brothers to help him keep his promises.

Next Issue: STRESS

pure POWER

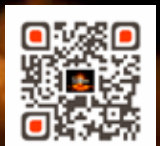
The thunder of His power who can understand? Job 26:14

Men's Events 2014

CHRISTCHURCH 22-23 August

WELLINGTON 12-13 September

AUCKLAND 3-4 October



Power up - Register now!