

● **WARM UP**

Many of us may remember a time when the worship songs at church didn't really resonate with us. Perhaps a singer was off-key, or the song was too fast, too slow, too loud, too quiet, or even too long. It's in these moments that we need to remind ourselves that the worship is never about us, it's all about Him.

Worship - a word that unites our faith with music and lyrics. In Ephesians 5:19, we learn about "speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord".



● **READ** Romans 12:1-2

● **BACKGROUND**

When you think of worship, do you think of becoming a living sacrifice, holy, and acceptable to God? The Bible refers to this as being the true and proper way to worship, as we become living sacrifices to God. In this context, we are unified as the people of God, and our living sacrifice is that of a thankful response, done with gratitude and humility as an act of spiritual worship. Worship in its most potent form can be a significant declaration of spiritual warfare, especially during times of personal seeking and breakthrough in prayer.



● **QUESTIONS**

1 Describe what worship means to you.

2 How do you see worship impacting your own life?

3 Share a time when you had an experience in worship.

What is God saying to me?

● **LET'S PRAY**

● **REAL LIFE STORIES OF GOD'S POWER**



I had dislocated my elbow in quite a serious manner while playing rugby. I did not have full movement and my arm was very weak. Bill had a word of knowledge from God - he said there was somebody in the meeting that needed healing and strengthening in their left elbow, due to an injury. Bill told me to believe in God for a healing and to start swinging my arm around. I was able to bring my arm around without any pain. I was completely healed. Isaac

● **CONSIDER THIS**

Composer and organist Johann Sebastian Bach famously said, "Music is an agreeable harmony for the honour of God and the permissible delights of the soul," and that "the aim and final end of all music should be none other than the glory of God and the refreshment of the soul".

In this respect, the refreshment of the soul is part of the power of worship; becoming transformed by the renewing of our minds, and experiencing God's word and holy presence. At the heart of worship, we are expressing pure admiration, deep devotion, and a sincere reverence to God.

