

● WARM UP

In a world full of distractions, reactions and temptations, it can be a constant challenge to practise spiritual, moral, ethical, and sexual purity (PK Promise #3). Even Jesus faced these challenges during His time in ministry along with twelve disciples. In this world, our beliefs, faith, and values may be challenged to the point where pursuing purity is no easy task. In these times, it's all the more important to have a band of brothers to help keep us accountable and focused on the race ahead. We all want to go the distance, ultimately finishing strong, to hear those words, "Well done, good and faithful servant!"



● READ Hebrews 4:15-16

● BACKGROUND

In times of need, we can come boldly to the throne of grace to obtain mercy and find grace. As a new creation, we have the power to overcome habitual behaviours and worldly temptations, and find the grace, mercy, and pure power of God to help us move on in our lives. We can even be spiritual signposts to others, pointing them to Christ, so that they may also move onward and upward in their own life.

● QUESTIONS

- 1 What three words would you use to describe purity?
- 2 How would you explain practising purity to a friend?

3 Which areas in your life may need a spiritual health check?

4 What practical strategies can you put in place to honour purity?

● CONSIDER THIS

Poet and philosopher James Allen wrote: "Cherish your visions; cherish your ideals; cherish the music that stirs in your heart, the beauty that forms in your mind, the loveliness that drapes your purest thoughts, for out of them will grow delightful conditions, all heavenly environment; of these if you but remain true to them, your world will at last be built".

This reading reminds me of Philippians 4:8, "*Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy - meditate on these things*". The key here is to pursue your passions with authenticity, integrity and a pure heart for the greater glory of God's Kingdom.

What is God saying to me?

● LET'S PRAY

● REAL LIFE STORIES OF GOD'S POWER



I had a problem with the top of my neck and had been to see many doctors, with no positive results. I went to Bill's meeting many years ago. Bill got a word of knowledge and I jumped up and went down to the front. Before I got to the front a cloud came through the wall and encompassed me and before I knew it I was crawling on my hands and knees and everyone was clapping. From that moment in time I have been healed, for over 20 years. Peter